



Experience Kingdom Realities

2023 IMPACT REPORT | LIFE RESTORATION MINISTRIES

**“The spirit of the Lord God is
upon me,
because the Lord has
anointed me;
He has sent me to bring good
news to the oppressed,
to bind up the brokenhearted,
to proclaim liberty to the
captives,
and release to the prisoners;
to proclaim the year of the
Lord’s favor”**

(Isaiah 61)

A Message from Jake & Heather

Executive Directors, Life Restoration Ministries



When we founded Life Restoration Ministries we believed that God had called us to lead His people into greater freedom and healing.

Our ministry exists to create opportunities for Jesus to encounter people and help disciples increase their potency and live their God-given genius.

We do this primarily through evangelization and human formation, focused on unlocking the heart.

2023 proved to be an incredible year of ministry and we're so grateful to be able to share all that God has done through this impact report.

Know that we are deeply grateful for the continued support of so many amazing individuals and ministries that have collaborated with us in the mission of healing and restoration.

Jake & Heather



2023 Ministry Highlights



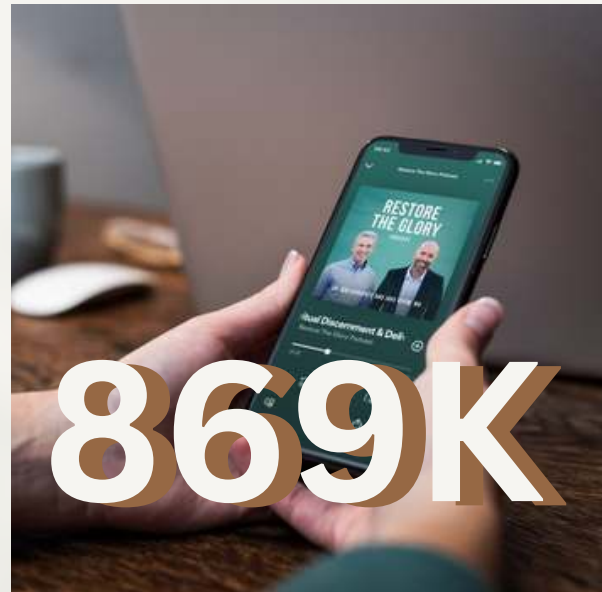
Over 600 people attended Life Restoration Retreats.



Jake & Heather spoke to over 17,000 people at 21 unique events.



Over 20,000 people engaged with Life Restoration's Social Content.



Life Restoration's Podcasts had over 869,000 downloads.

THE WOMEN'S RETREAT 2023

the ONE

I FOUND
THE ONE
MY SOUL
LOVES,
I HELD HIM
AND WOULD
NOT LET
HIM GO

SONGS OF SONGS 8:4

315
attendees

48%
first-time attendees

“

During Adoration Saturday night, I felt the Lord's Presence in a compelling way ...I couldn't take my eyes off Him.

- retreat participant

“

It was life changing.

- retreat participant



THE MEN'S RETREAT 2023

320
attendees

51%
first-time attendees



“

My biggest takeaway from the retreat was to be equally yoked with Jesus and let the Master craft me to be the person He has created me to be.

- retreat participant



“

My only regret is that I have to wait a whole year before the next one.

- retreat participant



Evangelization & Formation

One of our charisms as a ministry is *Spirit-Led Collaboration*. We are made to serve alongside others, never alone. This often is seen manifested through our speaking ministry, where we frequently engage with other partners in mission to bring the message of healing and restoration to Jesus' people.

Jake's Speaking in 2023

- 
- JAN** JP11 Holy Desire Retreat
 - FEB** Franciscan University Men's Night
 - MAR** Christ the Redeemer Parish, Vancouver
 - APR** JP11 Therapist Webinar
 - APR** JP11 Holy Desire Retreat
 - MAY** Divine Renovation Webinar
 - MAY** Thrive Life Podcast
 - MAY** Calgary Women's Conference
 - JUN** JP11 Summer Program
 - JUL** ID + Legatus Father/Son Retreat
 - AUG** JP11 Holy Desire Retreat
 - SEP** LRM Men's Retreat
 - OCT** Exodus 90 Freedom Summit

17,000+ People Reached

In 2023, we spoke to over 17,000 people at events and webinars. Some notable highlights included Heather giving a keynote at SEEK23, and both Jake and Heather leading a formation weekend at Franciscan University for student leaders.

Heather's Speaking in 2023

SEEK23 Conference	JAN
Franciscan University Resident Assistants	JAN
Michigan Women's Retreat	JAN
Toronto Women's Conference	FEB
Franciscan University Women's Night	FEB
LA Congress	FEB
Oklahoma Women's Conference	MAR
Christ the Redeemer Parish, Vancouver	MAR
LRM Women's Retreat	MAY
Calgary Women's Conference	MAY
FUS Student Leader's Retreat	AUG
Divine Renovation Webinar	NOV



Our Podcasts in 2023

One of the key ways we offer evangelization and human formation to a broad audience is through our podcasts. We've seen incredible impact happen through these offerings and we are excited to see what God will continue to do through them!



66,523
DOWNLOADS

Life Restoration Ministries launched Way of the Heart Podcast in 2018, hosted by Jake Khym & Brett Powell. Both Jake & Brett bring decades of professional and personal experience to the conversation about how to become a man with a heart fully alive.

Both Jake and Brett believe that God has much more for men than the counterfeit life the world offers. They hope that this podcast can be a catalyst for men to embrace the wedding feast that God has waiting for each of us.

RESTORE THE GLORY

PODCAST

Dr. Bob Schuchts & Jake Khym, MA are Catholic therapists with over 50 years combined experience teaching and accompanying people into fuller life and freedom. They both understand the keys for people to experience and live a restored life. Currently, Bob and Jake have their own ministries and are delighted to collaborate on events and conferences. They hope the Restore The Glory Podcast will be an accessible way for people to hear the good news of freedom that is available in and through Jesus Christ.

803K DOWNLOADS

162 COUNTRIES REACHED

4K MONTHLY LISTENERS



Strategic Collaborators

Abiding Together Podcast has been a long-time collaborator with **Life Restoration Ministries** in the mission of restoration and healing. The podcast is hosted weekly by Michelle Benzinger, Sr. Miriam James Heidland, and Heather Khym, providing a place of connection, rest and encouragement for people who are on the journey of living out their passion and purpose in Jesus Christ.

2,797,234 DOWNLOADS
+ RADIO BROADCASTS

199
COUNTRIES

286K
MONTHLY
LISTENERS



Potent Leaders in the Church.

An impact story from Life Restoration Ministries.

In 2013, Eric Myatt's path crossed with Life Restoration Ministries during a formation retreat for missionaries, kicking off what would become years of fruitful accompaniment with Jake and Heather.



**Eric Myatt, Canadian Director
for Divine Renovation**

"I love doing ministry with Jake and Heather," he says. **"There's a trust and bond that can happen when you know the people you're working with deeply 'get it.'"**

As the Canadian Director for Divine Renovation, a ministry dedicated to cultivating missional parishes, Eric knows firsthand the value of human formation and engaging in the journey of personal healing and restoration.

"We need to create occasions for ourselves to address and heal our own woundings and brokenness. I think we fool ourselves when we think we can walk that path alone. That's where trusted guides like Jake and Heather come in."

In his own life, ministry, and leadership, Eric has seen the impact of going beneath the surface and unpacking his own story.

"There's a trust and bond that can happen when you know the people you're working with deeply 'get it.'"

Continued...



Photo: From the 2023 Men's Retreat

Myatt shares: "Life Restoration Ministries has played an indispensable role in my discipleship of Jesus."

"Through their formation, I've discovered and unpacked my identity as a son and cultivated my relationship with God the Father. This fundamental identity is the cornerstone of my leadership and ministry."

For those on the sidelines who are curious about the journey of personal healing and formation, Eric has this to say, **"Heather and Jake get it. I trust them and trust where they're leading because they're listening to Jesus' voice and direction."**



Photo: Myatt leading worship at the 2023 Men's Retreat.



liferestoration_



JPII Healing Center [@jpiihealingcenter](#)

Well done 🙏



Shenaz [@shenazwahid](#)

There's something about Heather.
She really speaks to my heart



Yes Catholic ✓ [@yes.catholic](#)

I have so much respect for
[@jakekhym](#). I've learned so much
from his sharing on Restore the Glory.

2023 Social Media Insights

Our investment in building a social media presence allows us to reach new people with our message of restoration and healing — **allowing more people to encounter Jesus** through our efforts in evangelization and human formation.



19,932

Total Followers

20K



Engagements



665,258

Impressions

9,846



Watch Hours

Partners in the mission of healing.

An impact story from Life Restoration Ministries.



Photo: Tom & Michelle Diment, Supporters of Life Restoration Ministries.

Tom and Michelle Diment live in Calgary, Alberta, with their five children. Both are missionary disciples of Christ, trained Spiritual Directors and supporters of Life Restoration Ministries.

In 2021, Tom first discovered Life Restoration Ministries (LRM) by tuning into the *Way of the Heart Podcast*. Soon, both Tom and Michelle were regularly engaging with Jake and Heather's offerings. **Little did they know that this decision would profoundly influence their lives and inspire them to become supporters of the ministry.**

Tom shares, **"What I love is that it goes to the roots of the human heart and helps us heal and become more potent disciples. That's the difference."**

Continued...

But it isn't just the mission of LRM that has touched their hearts; it's the personal impact it has had on their lives. Tom and Michelle realize that they aren't just supporting a charity but investing in something that has *transformed their hearts*.

“There are a whole lot of ministries out there doing good work, but the personal impact we've experienced through LRM is what compels us to donate.”

Jake and Dr. Bob Schucht's work with the Restore the Glory Podcast has positively impacted Tom & Michelle's marriage. In one episode, Michelle heard something that resonated deeply, prompting her and Tom to seek counseling and embark on a journey of healing and growth together.



Photo by Sean Blair, 2023 Men's Retreat.

Michelle reflected, **"I can hear my own story in what they do—they speak directly to the person."**

Moreover, Life Restoration's unique style and approach to ministry have played a pivotal role in Tom and Michelle's evangelization and work as spiritual directors. It has equipped them as leaders and helped them integrate the human experience into their accompaniment of others.

“They (Jake and Heather) attack the heart of the problem—the person—the heart of the human being. It's refreshingly authentic,” Tom says.

Continued...

Tom and Michelle recognize the urgency of Jake & Heather's mission. They believe it is a direct response to the darkness and brokenness they see in the world, their families, and their parishes.

“Life Restoration has a unique ability to heal and restore, and we want to be a part of that transformation.”

As committed supporters of Life Restoration Ministries, Tom and Michelle find that they can never outdo God's generosity in their own giving. Michelle remarks, **“Maybe we weren't expecting how much God would bless us through donating to Life Restoration Ministries. This is a cause we continue to feel called to support, and we would urge others to partner in this important work.”**

Tom and Michelle firmly believe Life Restoration Ministries' work is a powerful antidote to the darkness and brokenness of the world, and they are excited to see how God will continue to move through the ministry.

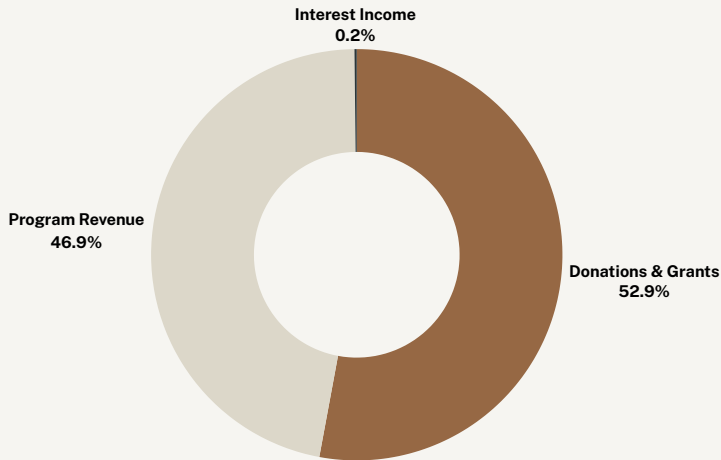
Support Our Mission

The ministry of Life Restoration directly impacts tens of thousands of people each year through our podcasts, events and outreach. When you financially give to Life Restoration, you partner with us in evangelization and advancing the Church's mission to make disciples of all nations.

Visit liferestoration.ca/give to donate

2023 Financial Statement

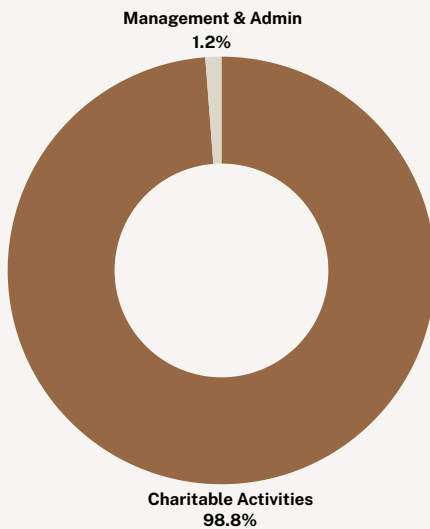
Take a look at our books. We seek to be good stewards of all the resources God has entrusted to us.



REVENUE 2023

\$552,388

Donations & Grants	\$292,310	●
Program Revenue	\$259,091	●
Interest Income	\$987	●



EXPENSES 2023

\$622,224

Charitable Activities	\$614,695	●
Management & Admin	\$7,529	●



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